BMG NEWS



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The Podium

Achieving Optimal Academic Performance – Welcome back to Semester Two

Welcome back to Bacchus Marsh Grammar Term 3. I hope that everyone has had a safe and restful three week break. Returning to school after a long break can be challenging for students and, as their teachers and parents, it is important that we provide students with strategies to have them back engaging in positive and successful learning as quickly as possible. I would like to reinforce simple habits that help to produce a successful student. These habits can be implemented from week one and will assist in students having a successful second half of the year.

1. Re-establish a routine around bedtime and sleeping patterns

Sleep deprivation is one of the biggest detriments to students of any age doing well at school. Children of all ages from Prep to VCE need adequate sleep to improve their behaviours, mood and academic achievement. Adequate amounts of sleep range from:

- School age (6-13 years) 9 to 12 hours
- School Age teens (14-18 years) 8 to 10 hours

And, to ensure that your child's sleep in uninterrupted, keep technological devices out of the bedroom!

2. Students - Manage your school diary

Go through your school diary and/or school calendar and write down all key events. When are examinations? When are assessment tasks? When are the House Sports days? School holidays? Fill in your timetable and make sure that you fill in your diary every day. And most importantly, don't forget to have both your parents and your tutor teacher sign it each week. This will ensure that you have someone helping you organise your school week.

3. Study as well as complete set homework

This one may be obvious, but study is different from homework. As well as completing homework, review your material consistently, in small chunks and in different ways (for example, write flashcards one day, complete review questions and take practice tests the next). In other words, don't cram. Speak to your teachers to get further advice on what will work best for you and the individual subject.

4. Ask questions

You are in school to learn and we are here to help, so don't be afraid to ASK FOR HELP from a teacher, a tutor, intern or your friends – you will obtain feedback and that is a sure-fire way to make sure you truly understand the material.

The Podium continued.....

5. Get involved with the life of the school and have fun

Your school community is awesome because, more than likely, there are other people sharing your passions. Go to an afterschool academic club, learn an instrument, join a band or book club, audition for the school musical or train with a sports team... It is fun to be involved, explore your interests and make new friends. Research shows that busy students are the highest achieving students!

Once again, I would like to take this opportunity to welcome you all back to Bacchus Marsh Grammar and I look forward to another successful academic semester.

Mr Andrew Perks - Assistant Principal: Optimal Performance Learning

Administration News

COVID-19 Vaccination Information Update

The Victorian Government's requirements, under the Occupational Health and Safety Regulations 2017 (Vic) regarding COVID-19 vaccination information, are that all records must be destroyed by 11 August 2023 (unless a law of Victoria, the Commonwealth, or another state or territory requires the information to be destroyed prior to that date or, alternatively, permits or requires the information to be retained after that date). Therefore, in accordance with this requirement, all COVID-19 vaccination records provided to the school via email have been deleted and hard copies have been shredded. If you have any questions, please contact Kerryn Browne.

Ms Kerryn Browne - Risk, Compliance and Policy Manager

School Letters / Edsmart Notifications

Parents are encouraged to contact the school if they believe that they are not receiving school letters relating to their child's excursions, class activities or school events.

There have been many instances recently where communication via Edsmart notifications have been blocked from an inbox and considered 'spam' or a parent's mailbox is full and the information is not received.

You can view Edsmart communication for your child via Schoolbox under the Quick Links / Edsmart or under School Letters.

Parents are reminded that all main excursions/school events are listed in the events calendar on the school's website, and on Schoolbox.

Please contact the Administration staff at Maddingley Campus via email <u>administration@bmg.vic.edu.au</u> or call 03 53664800 to discuss any issues with receiving communication.

Mrs Casey Ryder – Executive Assistant: Maddingley

Reminder: 2023 ICAS Assessments – Years 2 to 10

Parents/guardians were sent all relevant information via Edsmart on Wednesday 21 June. It includes links to outline the costs, terms and conditions, how to access past papers and most importantly, the purchasing link (with access code) to register students for Mathematics, English and/or Science.



Those wishing to complete these assessments, ensure you register by Monday 31 July.

The school will contact families of <u>registered students</u> after 31 July with the opportunity to nominate which campus your child would like to sit their assessment/s.

Dates:English:Saturday 12 August – 9.00am, 10am or 11am (Maddingley or Woodlea Campus)Science:Saturday 19 August – 9.00am, 10am or 11am (Maddingley or Woodlea Campus)Mathematics:Saturday 26 August – 9.00am, 10am or 11am (Maddingley or Woodlea Campus)

Mrs Danielle Copeman – Head of Woodlea Campus & Mrs Debra Ogston – Head of Maddingley Campus

ICCES Winter Tour

Well done to all students who participated in the ICCES Winter Tour in the final two days of Term Two. BMG had a team of 135 students compete in the four sports of Basketball, Hockey, Netball and Soccer. While the weather proved to be very challenging with wet and cold conditions, all students should be congratulated on their positive spirit, sportsmanship and commitment to representing the school.

Congratulations to the Junior Girls Basketball team and the Senior Boys Soccer team for winning their divisions.

The overall results were as follows, with BMG finishing in 3rd place.

School	Points	Final Placing
Goulburn Valley Grammar School	42	1
Braemar College	38	2
Bacchus Marsh Grammar	35	3
Girton Grammar	32	4
Highview College	19	5
Hamilton and Alexandra College	6	6

A big thank you to all the BMG staff who have put in many hours coaching and managing the teams throughout the first half of the year.

We look ahead to more opportunities for our students to be involved in ICCES events with the AFL Carnival being held in Bendigo this week, the Cross Country, Debating & Chess on Tuesday of next week and rounding out the year with the Summer Tour taking place in Ballarat in Week 1 of Term 4.

Mr Bryce Durham - Head of Faculty: PE and Health

Woodlea Athletics and Cross Country Results – Term Two

A full list of results from competitions during Term Two can be viewed via <u>Schoolbox</u>, including more recent ones from the Cross Country held on 21 June.



Mr Evan Long – Head of PE: Woodlea

BMG in Concert 2023



Bacchus Marsh Grammar invites family, friends, staff and the wider community to an evening of music, dance and drama performances at the Clocktower Centre, Moonee Ponds. Audience members will enjoy a diverse and entertaining program including solo, ensemble and dance acts. The concert will take place on **Thursday 31 August** and will commence at 7pm.

Tickets will go on sale Monday 24 July, 2023 and will be coordinated by the Clocktower Centre Moonee Ponds. Please visit this link to access tickets: <u>https://clocktowercentre.com.au/bacchus-marsh-grammar-presents-bmg-in-concert/</u>

Note: Children's Policy

The Clocktower Centre requires everyone over the age of 18 months to have a paid and allocated ticket. Children under the age of 18 months may sit on someone's lap, without requiring a ticket.

All children under the age of 18 years old need to be accompanied by an adult guardian or parent. Anyone under 15 years of age must be accompanied by a responsible adult seated next to or near them.

Thank you in advance for supporting our up-and-coming performers.

Mr Steven Bell

Senior School Musical - LEGALLY BLONDE - TICKETS ON SALE

Tickets to our Senior School Musical go on sale **Monday 24 July** 2023 at 10am.

Get in quick before they all sell out!

Bacchus Marsh Grammar presents Legally Blonde The Musical -Clocktower Centre

Join Bacchus Marsh Grammar for a spectacular performance of "Legally Blonde the Musical" at The Clocktower Centre in Moonee Ponds! Prepare to be dazzled by the incredible talent of the cast as they bring this beloved story to life on stage.



Friday 25 August at 7.30pm

Saturday 26 August at 2.00pm & 7.30pm

"Legally Blonde the Musical" is an adaptation of the popular movie "Legally Blonde." Follow the journey of Elle Woods, a stylish sorority girl who embarks on a mission to win back her ex-boyfriend by enrolling in Harvard Law School. Packed with catchy songs, lively dance numbers, and hilarious moments, this musical is sure to captivate and entertain audiences of all ages.

Don't miss this opportunity to support these talented students, as they showcase their passion for the performing arts. Whether you're a fan of the movie or simply love musical theatre, this production promises to be an unforgettable experience.

Mrs Narelle Pritchard – Senior School Musical Director

Year 12 English ACMI Excursion and Oral Presentation Week



In the final week of Term Two, all Year 12 English students participated in an excursion to the Australian Centre for the Moving Image in Federation Square, Melbourne. This excursion prepared students to begin work for the final assessment of their year in English.

Students had the luxury of viewing their set text 'Charlie's Country' on the big screen, before a highly informative lecture by the ACMI's educational leader Susan Bye. The day provided students with the opportunity to think deeply and ask questions about the links between the film 'Charlie's Country' and the memoir paired with it, 'The Hate Race' written by Melbourne author Maxine Beneba Clarke.

As students move through Term Three, they will complete their oral presentations between 24 July and 1 August. The presentations represent the product of a term and a half of effort by students which involved selecting a current topic they feel passionate about and carefully crafting and refining a speech that may change the perspectives of their audience.

Miss Leigh Radbourne – Head of Faculty: English

Book Fair is back in Term 3!



Maddingley & Woodlea : Monday 24 July – Friday 4 August

Our 'Book Looks' will be commencing next week and students will be filling out their wish-lists. Parents are under no obligation to purchase from the Fair, however, commission from our sales will go towards purchasing resources for the school.

PLEASE NOTE: Our payment system has changed this year and we are requesting that all orders be placed through the school via the Qkr app (<u>not</u> online through Scholastic).

Mrs Diane Dunn (Maddingley Book Fair Coordinator) & Mrs Feona West (Woodlea Book Fair Coordinator)

Book Club – Issue 5 out now!



Check out the latest edition on the BMG website at the link below.

https://www.scholastic.com.au/book-club/book-clubparents/

You can place your order online and have it delivered to your home. Commission from our sales goes towards new books and resources for the school.

Mrs Diane Dunn & Mrs Feona West - Scholastic Book Club Coordinators

Junior School News

Welcome to Term 3! We hope that the holiday break provided you and your child with the opportunity to rest and rejuvenate. We have carefully planned various activities and opportunities across the Junior School to ensure our students' continuous growth and learning.

It has been wonderful to witness how quickly all our students have settled back into their daily routines, fully prepared and enthusiastic about their learning.

As we progress through this term, we remind everyone to uphold the school's core value of discipline. This includes ensuring that students present themselves each day in the appropriate school uniform and equipped with all the necessary materials for their studies.

To further support the learning experiences at school, we encourage you to explore the Family Engagement pages. These resources are designed to provide insights and aid in your child's development. We encourage you to take the time to sit with your child and explore these pages together.

As always, our dedicated team of educators and staff are committed to providing a nurturing and conducive learning environment for your child. Should you have any questions or concerns throughout the term, please don't hesitate to reach out to us.

We look forward to a successful and enjoyable term filled with growth and achievement for all students.

Wishing you a wonderful term ahead!

Mrs Sally Savic – Head of Junior School: Woodlea & Mrs Lisa Foster – Head of Junior School: Maddingley

Woodlea Music & Performing Arts - Semester One



Woodlea Junior School students enjoyed an enriching end to their Semester One studies with three wonderful musical events on the calendar.

The Junior School Winter Soiree in Week 8 presented over eighty student performances, with a plethora of instruments featured. The final Junior School assembly in Week Nine highlighted the musical achievements of Prep and Year 1 Music Performance students, with four separate choral performances directed by Mrs Victoria Hewson.

To conclude Term Two, members of our dedicated Junior School staff took to the stage in the Junior Quadrangle in a surprise pop-up performance to spread some joy and excitement for students. In a

homage to Tina Turner, staff sang, danced and played along to the infectious rhythms of 'Proud Mary' and 'The Nutbush'.

See more images from the event on <u>Schoolbox</u>.



Ms Suzanne Kinsella - Head of Music : Prep to Year 9



Spotlight on Junior School Physical Education

Throughout Term Three, Prep - Year 2 students will be refining their **jumping**, **leaping and hopping** skills which they will use throughout the Jump Rope unit. Year 1 and 2 students will also be introduced to the **Jump Rope Ninja Challenge**. This is a fun way for students to challenge themselves by attempting to complete as many consecutive forward skips as they can. All students will receive a certificate that matches their achievement in this unit at the conclusion of the unit.

It is no surprise that jumping rope is a great aerobic exercise for students. It can keep their heart and lungs healthy, help them maintain a healthy weight and strengthen their bones and muscles; but the benefits don't stop there. Jumping rope is also proven to improve coordination and act as a calming technique.



Even more, it also supports cognitive development. According to the <u>Jump</u> <u>Rope Institute</u>, jumping rope helps with the development of the left and right hemispheres of your brain, which further enhances spatial awareness, improves reading skills, increases memory and makes you more mentally alert.

All students are encouraged to attend the morning Skip to the Beat cocurricular activity offered at the Maddingley Campus, Monday to Friday 8:30am-8:40am.

Skip to the Beat combines skipping and fun to upbeat music. Students can skip solo or with a group and can use single or double ropes. Skipping is excellent for

students and is also a great way to promote health and fitness for students within the Junior School. Aside from strengthening their endurance and stamina, skipping also helps in improving a student's rhythm and coordination.

SKILL DEVELOPMENT

- Improved cardiovascular fitness
 - Increased muscular strength
- Better endurance
- Excellent body conditioning
- Greater flexibility
- Improved coordination
- Better timing and rhythm
- Improved balance
- Increased agility
- Increase in team skills
- Increase in self esteem
- Fun and educational
- It is fun, non-competitive and a great social activity for kids of all ages.
- It burns lots of energy and helps maintain a healthy weight.
- It provides opportunities to be creative

Junior School PE Team – Maddingley

Bus News

Late Bus Maddingley

The late bus out of Maddingley operates on a Monday, Wednesday, and Thursday afternoon. The late bus will cease operation for Term 3 on **14 September 2023**.

Late Bus Woodlea

The late bus out of Woodlea operates on a Monday, Tuesday, and Thursday afternoon. The late bus <u>WILL NOT</u> operate 8 August and 10 August due to Parent Teacher interviews.

The late bus will cease operation for Term 3 on **7 September 2023**.

Mrs Leanne Robertson - School Bus Services Administrator

2024 Term Dates

The 2024 Term Dates have been published on the school's website.

Events Calendar

Dates for upcoming events and excursions can be viewed via the events calendar on the school's website.

Uniform Shop

Uniform information and shop business hours for both the Maddingley Campus Onsite Shop and Rushfords in Werribee are listed on the <u>school's website</u>. Please note that uniforms can also be purchased online via <u>https://www.noone.com.au/.</u>

Out of School Hours Care (OSHC) – The Y Ballarat

the M

The Y Ballarat operates the Out of School Hours Care at Bacchus Marsh Grammar.

Enrolments are completed online. For full information please visit the school's website.

Email: <u>chrissie.ashmore@yballarat.org.au</u> Phone: 0490 178 638 W: <u>https://yballarat.org.au/</u>

Maddingley: maddingley.oshc@yballarat.org.au 0438 154 842 Located: South Maddingley Road, Bacchus Marsh.

Woodlea: woodlea.oshc@yballarat.org.au 0490 490 362 Located: 111 Frontier Avenue, Aintree.

Regular Contacts

Maddingley Campus South Maddingley Road Bacchus Marsh VIC 3340 P +61 3 5366 4800 F +61 3 5366 4850

Woodlea Campus 111 Frontier Avenue Aintree VIC 3336 P +61 3 5366 4900 F +61 3 5366 4950 Woodlea Early Learning Centre 111 Frontier Avenue Aintree VIC 3336 P +61 3 5366 4999 F +61 3 5366 4850

General School Email: school@bmg.vic.edu.au

School Website: www.bmg.vic.edu.au



Community News

U12 Ballarat JUNIOR GIRLS FOOTY 4 FUN



Experience Australia's most loved sport through AFL Victoria's FREE Footy 4 Fun events delivered across Victoria! A footy experience full of fun activities, modified games & memorable moments to take home with you!

Ballarat U12 Junior Girls Footy 4 Fun is all about giving girls (turning 8-12 years old in 2023) the opportunity to experience football in a fun and safe environment through a modified game.



Alfredton Recreation Reserve #2 Oval, Ballarat

WHEN:

Friday July 28th until August 18th 5:00pm-7:00pm.



REGISTER HERE!

Community News



BRIDGE ROAD HOCKEY GROUND 132 BRIDGE ROAD, MELTON



U8S / U10S / U12S 6 PM TUESDAYS 10 OCT - 5 DEC 10.30 AM SUNDAYS 15 OCT - 10 DEC









REGISTER NOW!

PROUDLY SUPPORTED BY MELTON CITY COUNCIL AND MOORABOOL SHIRE COUNCIL

Community News

