

2022 Maddingley  
Co-Curricular  
Handbook

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Prep to Year 4



Bacchus Marsh  
Grammar



Doctrina Vitae

# Bacchus Marsh Grammar

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# PREP TO YEAR 4 CO-CURRICULAR PROGRAMS

The Bacchus Marsh Grammar Prep to Year 4 Co-curricular program is designed to cater in a variety of ways for all students. It is a program run by all staff from Prep to Year 4 to enhance the learning opportunities for your child.

The structure and functions of the program are:

- All Co-curricular activities will be offered during the day at lunchtime.
- Co-curricular activities continue to cater for all students' needs, however, they will focus more on extension of literacy, numeracy and physical skills.
- The activities will take place on different lunchtimes throughout the week as specified in the handbook.
- Please note that the number of participants for activities is limited.
- The Co-Curricular program involves Student Choice activities.

## STUDENT CHOICE ACTIVITIES

These activities are designed to cater for mixed abilities and cater for the students' special interests. Some classes will have a class cap on the number of students able to participate for each Semester. Students who do not get to participate in their chosen activity will be placed on a waiting list.

If your child would like to secure a position in an activity, parents/guardians are required to log on to Schoolbox and via Quick Links confirm as attending under the 'Events' tab for each child.

**Please note that there are limited positions available, and confirmation is due no later than 9am Monday 4<sup>th</sup> April.**

*When the response on the Portal shows 'Attending', your child will be automatically enrolled in the selected program.*

We are excited about the programs on offer and we hope that all students will get involved.

**Mrs Lisa Foster**  
**Assistant Principal - Head of Junior School Maddingley Campus**

## STUDENT SELECTED CO-CURRICULAR ACTIVITIES AVAILABLE

Activity	Day/Lunchtime	Year Level	Venue
Prep StemTASTIC	Monday	Prep	Room E3
Building Club	Monday/Wednesday	Prep	Room E1
Fun with Fine Motor	Friday	Prep	Room S1
Fine Motor Skills	Tuesday	Year 1	Room E10
Spelling Bee	Thursday	Year 1	Room E8
Building Club	Monday	Prep to Year 2	Room S8
Introduction to Japanese	Wednesday	Prep to Year 2	Room E6
Mind Maestros	Thursday	Year 2 and Year 3	Room S6
Game Time	Monday	Year 3 and Year 4	Room S4
Junior Einsteins Science Club	Wednesday	Year 3 and Year 4	Room R3
Strategic Maths	Friday	Year 3 and Year 4	Room X2
Lego Masters	Tuesday	Year 3 and Year 4	Room S2
Photography Club	Thursday	Year 3 and Year 4	Room X3
Art is Fun	Thursday	Prep to Year 4	Room W6
Mindfulness/Yoga	Monday	Prep to Year 4	Room Hall 1 – Wilson Hall
Library – Reading Owls Club	Mon/Tues/Thurs/Fri	Prep to Year 4	Junior School Library
Skip to the Beat	Every Morning	Prep to Year 4	Area AA
Music: Choir (Prep to Year 2)	Friday	Prep to Year 2	
Music: Choir (Year 3 and Year 4)	Tuesday	Year 3 and Year 4	Music Room 2
Music: Junior Percussion Ensemble	Tuesday	Prep to Year 4	Wilson Hall 3
Music: Junior Strings	Thursday	Prep to Year 4	Music Room 3
Music: Junior Orchestra	Friday	Year 2 to Year 4	Music Room 2



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## **Co-Curricular Activities**

## StemTASTIC! - PREP

**Teachers:** Belinda Rzanovski & Sandra Spriggs

**Time:** Monday Lunchtime

**Location:** Room E3

### PROGRAM OVERVIEW

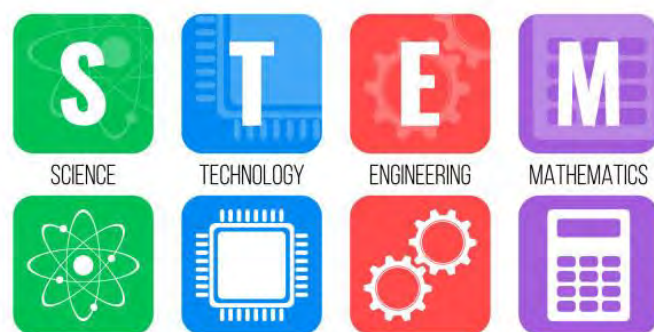
STEM is the blending of Science, Technology, Engineering and Mathematics to promote a higher order of thinking and encourage the student's problem-solving skills. It involves students creating and building to discover how things work. Finding their own unique solutions to a problem enhances their processes towards becoming an innovative thinker.

Starting STEM programs at an earlier age helps children become aware of the different processes needed to solve problems, increases their interest in the scientific method, helps problem-solving abilities and begins to show them the possibilities for future careers.

Through hands-on experiences, students will be motivated and extended through a variety of STEM activities. These activities are designed to stimulate and challenge the student's understanding, innovation and problem-solving skills.

### ACTIVITY COMPONENTS

- Creativity
- Inquiry Skills
- Design Thinking
- Problem Solving
- Persistence
- Collaboration
- Oral Language
- Identifying, and applying a variety Maths & Science skills



## BUILDING BUDDIES - PREP

**Teachers:** Kylie McKerrow & Nathan Halse

**Time:** Monday Lunchtime

**Location:** Room E1



### PROGRAM OVERVIEW

The focus of this co-curricular activity will be on supporting students to strengthen relationships with their peers by encouraging collaboration and the use of their social and communication skills. Students will be supported to work together in a natural environment with more structure than in the playground.

### ACTIVITY COMPONENTS

Rotation through different stations, each with different themes, props and roles for children to act out. Themes will be inspired by age-appropriate books as well as school and home-based routines.

### SKILL DEVELOPMENT

- Thinking and planning skills.
- Social thinking concepts including thoughts and feelings, flexible thinking, following a group plan, whole body listening, thinking with your eyes, smart guesses and expected and unexpected behaviours.
- Learning to negotiate and collaborate through performance, puppets, short plays and story sharing.





## FUN with FINE MOTOR - PREP

**Teachers:** Suzanne Gladys & Cheryl Clinton

**Time:** Friday Lunchtime

**Location:** S1

### PROGRAM OVERVIEW

This co-curricular activity aims to improve student's fine motor skills. Fine motor skills are imperative for students to achieve success with writing. The focus will be on cutting, colouring, finger grip, letter formation, hand-eye co-ordination and hand strength through a range of hands-on activities.

### ACTIVITY COMPONENTS

- Exercises with an emphasis on finger movement
- Cutting and colouring activities
- Threading activities
- Hands on activities that build finger grip and strength

### SKILL DEVELOPMENT

- Hand Strength
- Finger Grip
- Cutting
- Hand Eye Co-ordination
- Letter Formation



## FINE MOTOR SKILLS - YEAR 1

**Teachers:** Kelly Connell & Chloe Finch

**Time:** Tuesday Lunchtime

**Location:** E10

### PROGRAM OVERVIEW

The Year 1 Fine Motor Skills co-curricular program aims to improve the student's fine motor skills. Fine motor skills are imperative for students to achieve success with writing. The focus will be on cutting, colouring, finger grip, letter formation, hand-eye co-ordination and hand strength through a range of hands-on activities.

### ACTIVITY COMPONENTS

- Exercises with an emphasis on finger movement
- Cutting and colouring activities
- Hands on activities that build finger grip and strength

### SKILL DEVELOPMENT

- Hand Strength
- Finger Grip
- Cutting
- Hand Eye Co-ordination
- Letter Formation



## SPELLING BEE - YEAR 1

**Teachers:** Maddy Durham & Jade Jones

**Time:** Thursday Lunchtime

**Location:** Room E8

### PROGRAM OVERVIEW

Learning through play is always a winning formula. The Spelling Bee allows students to complete 30 spelling words in a fun format where they must aim for accuracy to beat the clock and finish ahead of their fellow students in Year 1.

### ACTIVITY COMPONENTS

Students taking part in the Spelling Bee will be given 30 random words from their reading level word list. They have 25 seconds to spell each word. Students may not be familiar with all the words they are asked to spell, however, exposing students to new words and their definitions will help expand their vocabularies and encourage them to continue reading.

### SKILL DEVELOPMENT

- Increasing vocabulary
- Improvement of communication skills
- Improvement of Critical thinking skills.



## BUILDING CLUB – PREP TO YEAR 2

**Teachers:** Jodie Askew & Brendan Arriagada

**Time:** Monday

**Location:** S8

### PROGRAM OVERVIEW

Lego is excellent for working on fine motor skills as it develops grasp and intrinsic hand strength having to push them together and pull them apart. Lego also improves hand eye coordination and bilateral coordination as the child learns to use both hands to manipulate the pieces. They will learn how to select, transfer, and apply simple movement skills and sequences individually, in groups and in teams. Through active participation they develop personal and social skills such as cooperation, decision making, problem solving and persistence through movement setting.

### ACTIVITY COMPONENTS

- Students will use this time to construct simple models through the use of trial and error.
- Using appropriate social skills to work as part of a group or pair.

### SKILL DEVELOPMENT

- Fine motor skills
- Cooperative play
- A sense of accomplishment
- Persistence
- Problem solving
- Science, Technology, Engineering and Mathematics
- Creativity



## INTRODUCTION TO JAPANESE – PREP TO YEAR 2

**Teachers:** Jodie Taniguchi & Narelle Bens

**Time:** Monday

**Location:** E6

### PROGRAM OVERVIEW

Students participating in 'Introduction to Japanese' as a co-curricular activity will be introduced to Japanese language and culture. Students will learn Japanese language through interactive songs, games and traditional stories. Students will engage in role plays and activities to learn about Japanese culture.

### ACTIVITY COMPONENTS

Students will engage in songs, games, stories, role plays and activities to use the language taught.

### SKILL DEVELOPMENT

These classes will provide students with the opportunity to:

- Use greetings in Japanese using appropriate body language.
- Count and describe the colour of classroom items.
- Write simple kanji numbers.
- Interact with peers through role plays.



## MIND MAESTROS - YEAR 2 TO YEAR 3

**Teacher:** Ashleigh Durham & Ailie Cuthbertson  
**Time:** Thursday Lunchtime  
**Location:** Room S6



### PROGRAM OVERVIEW

Students participating in Mind Maestros will be supported to build key skills such as focus and self-control and will provide them with the tools they need to focus on what's happening now, keep their thoughts from drifting and self-soothe when feeling stressed or anxious. Mind Maestros will take place in the 2A classroom (S6) on Thursday at lunchtime and will explore mindfulness through activities such as yoga, meditation, tai chi and breathing techniques as well as a multitude of other activities.

### ACTIVITY COMPONENTS:

Activities such as yoga, meditation, tai chi, breathing techniques, positive affirmations plus the making of mindfulness aids such as stress balls and mindfulness jars.

### SKILL DEVELOPMENT

These lessons will provide students with the opportunity to:

- Learn about different mindfulness techniques.
- Apply and refine the mindfulness techniques in a practical way.
- Make mindfulness aids that they can use to assist them in keeping focused and self-soothe when required.

## GAME TIME! – YEAR 3 TO YEAR 4

**Teachers:** Cathy Burton & Leanne Ward

**Time:** Monday

**Location:** S4

### PROGRAM OVERVIEW

Students participating in 'Game Time!' as a co-curricular activity will be actively engaged in extending and broadening their social and co-operative skills. These styles of games also allow for the development of strategic thinking strategies.

'Game Time' will provide an opportunity to make friends with peers who share similar interests.

### ACTIVITY COMPONENTS

A variety of games will be set up in the classroom, allowing students to select a game based on interest – for example: Boggle, Snakes and Ladders, Connect 4, Battleship, Checkers, Uno and Jenga.

Teachers will be on hand to provide support in learning the rules of games and to assist in developing co-operation skills where required.

### SKILL DEVELOPMENT

This will provide students the opportunity to:

- Develop new friendships.
- Develop co-operative skills.
- Learn new games.
- Learn how to win and lose respectfully.



## JUNIOR EINSTEINS SCIENCE CLUB - YEAR 3 AND YEAR 4

**Teacher:** Georgia Low & Melissa Pearson

**Time:** Wednesday Lunchtime

**Location:** R3



### PROGRAM OVERVIEW

Students participating in 'Young Einsteins' as a co-curricular activity will be actively engaged in extending and broadening their understanding of the world of Science. Activities are student directed and created for the students based on their interests. Science Club will be held in the Junior Science Lab, allowing students access to, and experience using some of the equipment used by scientists. This will allow students to extend their knowledge of a variety of concepts whilst working as part of a group to achieve a common goal.

### ACTIVITY COMPONENTS

Students will be offered a range of science experiences including demonstrations, experimentation, model building and dissections.

### SKILL DEVELOPMENT

These classes will provide students with the opportunity to:

- Use scientific equipment.
- Make predictions about experimental outcomes.
- Undertake hands-on experiments.
- Interact with peers by sharing ideas and responding to results.



**Junior Einsteins<sup>®</sup>**  
**Science Club**



## STRATEGIC MATHS – YEAR 3 AND YEAR 4

**Teachers:** Samantha Di Mieri & Nick Sher

**Time:** Monday

**Location:** X2

### PROGRAM OVERVIEW

Students participating in 'Strategic Maths' as a co-curricular activity will be actively engaged in activities to develop and engage their mathematical knowledge. Activities are both teacher and student directed and created for the students based on their interests.

They will apply, extend and challenge their strategic mathematical knowledge through games and activities whilst working both individually and as part of a group.

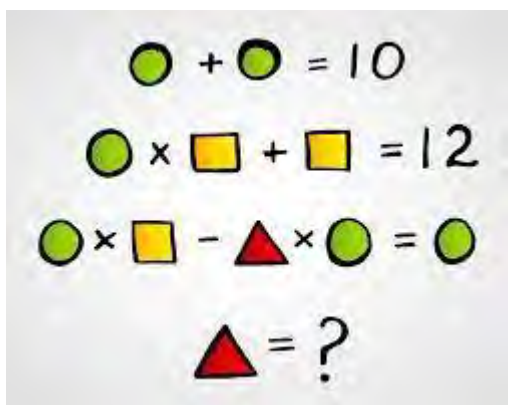
### ACTIVITY COMPONENTS

Students will be offered a range of Mathematical experiences including activities, puzzles and games.

### SKILL DEVELOPMENT

These classes will provide students with the opportunity to:

- Use mathematical equipment.
- Undertake hands-on activities.
- Interact with peers about their understanding of numbers.


$$\begin{aligned} \text{Green Circle} + \text{Green Circle} &= 10 \\ \text{Green Circle} \times \text{Yellow Square} + \text{Yellow Square} &= 12 \\ \text{Green Circle} \times \text{Yellow Square} - \text{Red Triangle} \times \text{Green Circle} &= \text{Green Circle} \\ \text{Red Triangle} &= ? \end{aligned}$$

6	5	12
12	15	36
36	60	144
144	300	?

## LEGO MASTERS - YEAR 3 TO YEAR 4

**Teachers:** Johnny Al-Bazi & Laura Christou

**Time:** Monday

**Location:** S2

### PROGRAM OVERVIEW

Lego Masters aims to develop the builders of tomorrow by enabling every student to succeed. Connecting pieces of Lego requires precision and coordination which assists students to develop and strengthen their fine motor skills. Building with Lego supports teamwork and communication skills when working together to achieve a common goal.

Lego Masters teaches children to recognise problems before they occur and use their problem-solving skills to avoid Lego 'disasters'. Following instructions and figuring out how to fix an unstable Lego structure can be quite a worthwhile learning process. Students will be given the opportunity to use their understanding, problem solving and reasoning to construct intricate Lego designs with a set purpose. Giving the students the opportunity to let their imaginations run wild and explore their creativity without fear of failure.

### SKILL DEVELOPMENT

- Teamwork skills
- Fine Motor Skills
- Problem Solving
- Inspiring creativity
- Resilience and perseverance



## PHOTOGRAPHY CLUB – YEAR 3 AND YEAR 4

**Teachers:** Claire Dixon & Sarah Farrugia

**Time:** Thursday

**Location:** X3

### PROGRAM OVERVIEW

Students participating in photography as a co-curricular activity will be actively engaged in broadening their understanding of photography as an art form by using a range of different techniques to capture images of the natural world around them. Students will have access to digital cameras and editing software that will allow them to experience some of the technology used by professional photographers.

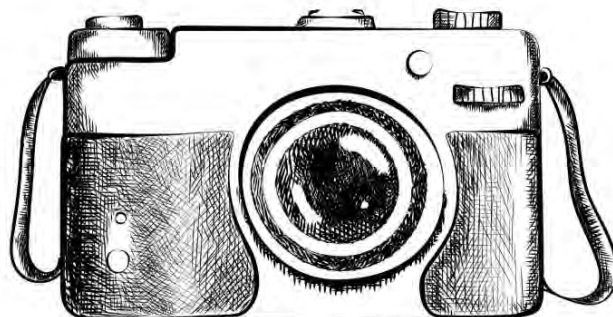
### ACTIVITY COMPONENTS

Students will be offered a range of photography experiences such as demonstrations, capturing images and editing images.

### SKILL DEVELOPMENT

These classes will provide students with the opportunity to:

- Use various photography techniques to capture images.
- Edit images to create artistic effects.
- Hands-on photography experience.



## ART IS FUN - PREP TO YEAR 4

**Teachers:** Allison Weir and Zoe Cassar

**Time:** Tuesday Lunchtime

**Location:** Room W6



### PROGRAM OVERVIEW

Students will be offered a range of art experiences including drawing, painting, puppet making and the opportunity to create their own works of art. The elements of line, shape and pattern will be explored using a variety of materials including pencils, water colour paints, crayons and plasticine.

An imagination and a **LOVE of ART are a MUST!**

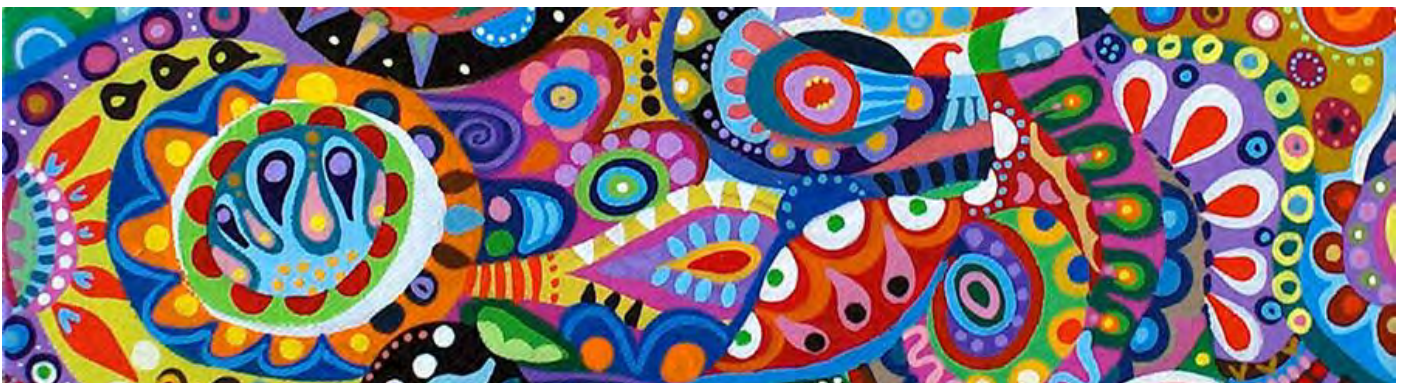
### ACTIVITY COMPONENTS

Lessons will include a variety of art mediums. Some activities will be for one week and others for two weeks, depending on the level of enjoyment!

### SKILL DEVELOPMENT

These classes will provide students with the opportunity to:

- Express themselves.
- Experiment with ideas and techniques.
- Interact with peers by sharing ideas and responding to art work.
- Strengthen fine motor skills.



## MINDFULNESS/YOGA – PREP TO YEAR 4

**Teachers:** Kim Richards & Erin Bullen

**Time:** Monday

**Location:** Hall 1 Wilson Hall

### PROGRAM OVERVIEW

During Yoga and Meditation, students will increase their strength and flexibility. Each class will include a series of yoga poses, breathing exercises and relaxation practices. A focus will be on how students can use these tools to regulate their own emotions throughout the day.

### ACTIVITY COMPONENTS

Students will participate in a variety of yoga and meditation lessons, learn yoga poses, breathing and relaxation exercises.

### SKILL DEVELOPMENT

- Increase strength and flexibility
- Develop gross and fine motor skills
- Improve concentration
- Explore a range of tools that could be used to manage our own emotions





## READING OWLS LIBRARY CLUB – PREP TO YEAR 4

**Teacher:** Feona West  
**Time:** Monday, Tuesday, Thursday & Friday Lunchtime  
**Location:** Junior School Library



**NO SIGN UP REQUIRED**

### PROGRAM OVERVIEW

The Junior School Library is a welcoming quiet space which provides students with the opportunity to explore their love for literature and a positive attitude towards reading.

The Junior Library is open four times a week on: Monday, Tuesday, Thursday, and Friday Lunchtimes.

### ACTIVITY COMPONENTS

- Independent silent reading from a wide range of fiction and non-fiction books.
- Storytime with a Middle School Leader.
- Quiet drawing time.



## SKIP TO THE BEAT – PREP TO YEAR 4

**Teacher:** Chantelle Estlick  
**Time:** Weekday Mornings (8.30am-8.45am)  
**Location:** Area AA (Asphalt Area near Canteen)

### NO SIGN UP REQUIRED

#### PROGRAM OVERVIEW

‘Skip to the Beat’ combines skipping and fun to upbeat music. Regular **skipping** can help proper functioning of the brain. Research proves there is an increase in student’s concentration and memory because **skipping** increases blood flow to the brain. Students can skip solo or with a group and can use single or double ropes. Skipping is excellent for students and is also a great way to promote health and fitness for students within the Junior School. Aside from strengthening their endurance and stamina, skipping also helps improve the students’ rhythm and coordination.

#### SKILL DEVELOPMENT

- Improved cardiovascular fitness
- Increased muscular strength
- Better endurance
- Excellent body conditioning
- Greater flexibility
- Improved coordination
- Better timing and rhythm
- Improved balance
- Increased agility
- Increase in team skills
- Increase in self esteem
- Fun and educational
- It’s fun, non-competitive and a great social activity for kids of all ages.
- It burns lots of energy and helps maintain a healthy weight.
- Opportunities to be creative





### INSTRUMENTAL MUSIC LESSONS

Music has the capacity to engage, inspire and enrich all students, exciting the imagination and encouraging students to reach their creative and expressive potential. Music learning can have a significant impact on the cognitive, affective, motor, social and personal competencies of students.

Students are encouraged to learn a musical instrument. These lessons are available during the school day and tuition fees are in addition to the school fees. Before and after-school lessons are available however, are subject to availability and in negotiation with the instrumental teacher. The Music Handbook/Enrolment form is available on the Bacchus Marsh Grammar website at [www.bmg.vic.edu.au](http://www.bmg.vic.edu.au) Please refer to the 2022 Business Notice for all fees and charges associated with the Instrumental Music Program.

### YEARS P - 2 CHOIR

The Junior School provides opportunity for involvement in choral groups for students from Prep to Year 2 as co-curricular options. Students meet weekly to experience the joy of singing music as part of a large ensemble and perform at a variety of events during the course of the school year.

### YEARS 3 - 4 CHOIR

The Junior School provides an opportunity for involvement in choral groups for students from Prep to Year 4 as co-curricular options. Students meet weekly to experience the joy of singing music as part of a large ensemble and perform at a variety of events during the course of the school year. The Years 3 - 4 Choir also collaborates with Middle School Choirs and the Senior Vocal Ensemble, allowing younger students to both work with and form meaningful relationships with older students and Junior School leaders.

### JUNIOR STRINGS

Junior Strings is open to Junior School students of all year levels who play one of the following instruments:

- Violin
- Viola
- Cello
- Double Bass



This Suzuki-based program is excellent for developing aural skills in young musicians. Junior Strings perform at a variety of events throughout the school year including the Instrumental Concert Series and large assemblies. This group rehearses in Music Room 3 each Thursday during lunchtime.

### JUNIOR ORCHESTRA

Junior Orchestra is available to Years 2 to 6 students who play an orchestral instrument. The Junior Orchestra covers a range of traditional and contemporary repertoire and performs at a variety of events throughout the school year. Students are encouraged to continue instrumental lessons for the duration of their participation in this ensemble, in order to maximise both their development and overall enjoyment within the group.





## Bacchus Marsh Grammar

An Independent Ecumenical  
School for Girls and Boys.

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