



From the Principal

I would like to again thank students, staff and the community for the way in which they have coped with online learning in the last lockdown. A number of issues and flow on concerns have started to arise from the lockdown and its impact on students.

Sharing of Zoom Invitations

During the lockdown a small number of Zoom invitations have been shared with students from different classes and indeed outside the school. Whilst this is portrayed by the students involved as just a little fun, it is inherently disruptive and stressful for staff and other students. It is something that we simply do not need. For the avoidance of doubt, any sharing of Zoom invitation details to other students or students outside the school will result in at least a suspension from school.

Activities

It has not been possible to recommence all activities that had been planned before lockdown. Some of this is due to heightened government restrictions but some are also due to our own risk analysis. We are one of the biggest schools in the State with an extremely large catchment and we need to take appropriate additional precautions to ensure our safety and that of the community. It is hoped that in the coming days, conditions are such, that we can move closer to normality.

General Mood

I am concerned that students have been unsettled by the last round of lockdown. Coming so soon in the year it has disrupted normal patterns of socialisation and adjustment. In particular, I have concerns about peer-to-peer interaction and general settling into work patterns. It is the School's intention to place emphasis on these two areas in coming weeks. One of the impacts of this, is that we will be limiting disruption to normal classes and programs to establish more optimum routines.

Mr Andrew A. Neal - Principal

Student Wellbeing

Seasons for Growth® Program

Change and loss are issues that affect all of us at some stage in our lives. As highlighted in our last newsletter, we are offering a very successful education program called Seasons for Growth which will commence in Term 2, 2021. This program is facilitated in small groups and is based on research which highlights the importance of social support and the need to practise new skills to cope effectively with change and loss. The program focuses on issues such as self-esteem, managing feelings, problem-solving, decision-making, effective communication and support networks. More information about the program can be found on the [Good Grief website](#).

Groups are established based on age and are small in number, so places will be limited. Availability will depend on interest levels and may be facilitated at both the Woodlea and Maddingley campuses. To express your interest or to seek further information, please contact the Student Wellbeing Team at DLWellbeing@bmg.vic.edu.au **no later than Friday 5 March**.

Online Safety

Last week, staff participated in a professional learning opportunity about online safety facilitated by the [eSafety Commissioner's Office](#). The session provided an opportunity for staff to further develop their understanding of risks and protective factors influencing the experience of children and young people online.

The [eSafety Commissioner's Office](#) also offers [free live webinars for parents](#). These are available on a variety of dates and times. There are still five dates remaining for the Term 1 topic, 'Parent Guide to Cyberbullying and Online Drama', available during the day as well as in the evening. These are an excellent opportunity to explore and understand the latest research as well as learn how to help your child develop the skills needed to have a safe and positive experience online. All sessions are delivered by eSafety's expert education and training team. The [eSafety Parents page](#) offers an extensive range of resources relevant to supporting children and young people from the early years to adulthood. Guides such as 'Online Safety Basics' right through to 'The Hard-to-have Conversations' are reflective of current issues and are highly recommended to open up a dialogue between you and the young people in your life.

Student Wellbeing Team

School Captains 2021 - Introductions

Samara Peel



It is an honour to have been chosen as one of the Bacchus Marsh Grammar School Captains for 2021.

I have been attending Bacchus Marsh Grammar since Year 7 and have admired the way the school approaches learning, allowing me to prosper in the knowledge and skills such as leadership that will assist me in years to come. I am looking forward to being a representative of the school as well as someone approachable.

Getting involved in school is something I have been doing since the beginning of my time at BMG. I have participated in many co-curricular activities such as the SRC and Senior Vocal Ensemble, as well as many other programs such as the Deakin Inspired Minds Program and Youth Parliament. I was also privileged enough to receive the John Leaver Memorial Award in 2020 for my leadership efforts that were recognised by the school.

Outside of school, I am a private tutor. I also maintain work experience positions and volunteer work in the medical field in the hope of completing a Bachelor of Medical Science and Doctor of Medicine.

I am excited to be working with Bacchus Marsh Grammar's leadership team this year and look forward to presenting new initiatives to the school.

School Captain Introductions – continued.....

Zali Ward



I am extremely grateful to be elected as part of the School Captain trio of 2021. I can not wait to play my part as a beacon for all students to come to if they need help or support.

I have attended Bacchus Marsh Grammar from Year 7 and have never looked back. The wealth of opportunities and the support the school has provided is amazing and I am looking forward to helping all students to enjoy these opportunities for themselves. Some of my fondest memories of secondary school include ICCES at Shepparton, the Duke of Ed camp and our Year 10 Presentation Dinner.

From these experiences I have learnt so many things in terms of developing my leadership skills, individual growth, problem solving, adapting to new environments and talking to different people.

It is satisfying to look back on times when you have tried something new or just been involved in something new. These experiences may have been outside your comfort zone at that time but they lead to you growing as a person. Therefore, it would be great to encourage younger students to develop a similar attitude of giving everything a go and then finding what interests them and helps them develop.

Outside of school, I am an avid hockey player who occasionally plays a round of golf or kicks the footy. I value the life lessons sport teaches you - from living a healthy and balanced lifestyle, to forming relationships and being part of a team that shares a common goal.

I have been exposed to some very knowledgeable and admirable captains, including Olympic level athletes. I believe that a good captain is honest, committed, inspirational, optimistic and able to communicate well with all types of people. These are qualities that I will try to exhibit every day to be the best version of myself and the best leader for my school.

Aside from sport, I have a part-time job which helps me learn other skills, including how to deal with customers and plan my time efficiently.

I endeavour to continue further studies after Year 12. I am currently interested in the health and science field, but an Indonesian translator is also a possibility.

I am a passionate and open person who is always striving to improve as a leader and support fellow students. Through all of the hardships we faced in 2020, I would like to shine a positive light on this year and embrace every opportunity it brings.

Zoli Earnshaw



It is an honour to receive the position of School Captain for 2021. I have been a student at Bacchus Marsh Grammar since Prep and I will take this opportunity to give back to the school and my peers.

Throughout my school life I have participated in a wide range of extra-curricular activities including academics, sports and music; often leading to representing the school in these areas. I was also involved in the 2020 Youth Parliament program in which my team and I tried to change the legislation surrounding the disposal of toxic soil from the Westgate Tunnel project. I believe it is imperative that you should get involved in as many aspects of the school as possible.

Outside of school I am a swimming teacher at my local Paul Sadler Swimland which has taught me a great deal including the importance of exercise. This has led to me wanting to expand the House program to include more activities and for them to occur more often. The importance of physical exercise and teamwork can never be overstated.

After school I am planning to study Engineering at Monash University as well as joining the Army Reserves. I look forward to the opportunities this year will hold and how they will enable me to develop myself and others.

Middle School - Home Study Routine

How to set up a Home Study Routine for your Middle School child

Over the past few weeks, I have had a number of emails from parents/guardians regarding how to set up an effective home study routine for their child. In the following article I have compiled a list of hints and suggestions that might be of assistance.

A Home Study Routine is essentially a process at home where you try to consolidate the knowledge and skills acquired at school. This may include working on homework and completing tasks, however, there is a bigger emphasis on the process of consolidation and retention, allowing for a deeper understanding of the content and/or skill. The routine part of the Home Study Routine is a concentrated effort in applying these processes daily.

As much as this seems logical and easily manageable, the issue is that for most students the application of 'study routine' rarely sticks and can be ineffective. Students do study, most (if not every) nights, although what they study, how they study and where they study can contribute to how effectively they studied.

Another reason for ineffective study routines or study in general, may be directly related to procrastination, or specifically, academic procrastination, which can be defined as "unintentionally delaying or deferring work" (Schraw et al, 2007). Prevalent amongst adolescents and generally considered a sub-branch of general procrastination, academic procrastination is the most researched form of procrastination and the highest form of procrastination linking to the negative impact on a student's wellbeing (Janssen, 2015).

Preparation before Application

In general, the most reliable way to employ an effective study routine for the long term is to use a systematic approach, where your child identifies the distractions (environment, procrastination, etc.), the non-negotiables (entertainment, sports, work dinner etc.) then creates a plan of action (study timetable) and puts it into practice daily.

Below are a few effective techniques that I have personally used and shared with students in preparing and applying a home study routine.

The Preparation

- Define your child's study goals as clearly as possible; abstract goals are more likely to lead to procrastination than goals that are concrete and well-defined.
- If your child is faced with a large and overwhelming task, encourage them to break it into a set of smaller, actionable pieces that are relatively easy to handle.
- Figure out the times of day when your child is most productive and when they are least productive, and schedule their tasks accordingly whenever possible.
- Create a study timetable. This is probably the most effective form of preparation, however, students mistakenly begin making a timetable by zealously filling it with study. This can be a mistake. By putting in the study blocks first, students over-commit to hours that are unrealistic and that can't be adhered to. This often leads to students getting stressed, overwhelmed, and ultimately giving up on the entire process of using a timetable at all.
- One suggested approach is that you list all the activities that your child loves doing during the week and the things that your child just doesn't want to compromise on. Then, with your child, you should nominate a time/s that they would most likely allocate to these activities. For example, a list might look like this:
 - Basketball: Mondays, 6pm - 7:30pm and Sundays 2pm - 4pm
 - Electronic gaming: Tuesdays and Thursdays, 7pm - 8pm, Weekends 3pm - 6pm
 - Socialising with friends: Weekends, 11am - 6pm
 - Entertainment/ TV: Mondays and Wednesdays, 7:30pm - 9:00pm
 - Social media: Daily, 5pm - 6pm
 - Work shift: Saturdays, 10am - 2pm

Of course, it's difficult to know in advance each activity you will do. Nobody wants to live life on such a tight schedule, but getting a rough estimation of when you do things will be a good start.

Home Study Routine – continued...

Once you have identified the key times for activities, you can move to the application.

The Application

- Before starting the study routine, get your child to remove all possible distractions from their environment (if your child's distractions are digital, block their access to them).
- Set up a comfortable and well lit space for them to study. This could be a desk, couch, kitchen table etc.
- Get your child started by committing them to only making a tiny bit of progress; for example, they could commit to only writing a single sentence on a piece of paper, completing one mathematical exercise, reading one paragraph of notes/text or exercise for only 5 minutes. This is one of many techniques to avoid academic procrastination.
- Over time, mark down streaks of days on which your child successfully manages to complete their study goals; this will motivate your child to work, in an effort to continue the streak.

It is important to keep in mind that your routine, with the assistance of the study timetable, should be used as a guide, not as a rule book. The aim is not to stick to it 100% and live life by such regimented time-slots. If your child can stick to the timetable 60% of the time, that should be considered a 'win' and positive progress. It pays to be flexible at times.

To conclude:

Implementing a study routine is a complex and varied task. Most students study in various ways and for reasons suited to them, and this is why different approaches will work different students.

The techniques listed here are some of the most simple and effective ones you can use in general and should be highly beneficial in most cases.

However, keep in mind that there are many other techniques you can use, some of which might work better in your child's particular case.

Good Luck.

Mr Dean Peplinkhouse – Head of Middle School

Reference:

1. Janssen, Jill, "Academic Procrastination: Prevalence Among High School and Undergraduate Students and Relationship to Academic Achievement." Dissertation, Georgia State University, 2015.
https://scholarworks.gsu.edu/epse_diss/103https://scholarworks.gsu.edu/epse_diss/103
2. Schraw, Gregory & Wadkins, Theresa & Olafson, Lori. (2007). Doing the Things We Do A Grounded Theory of Academic Procrastination. Journal of Educational Psychology. 99. 12-25.
10.1037/0022-0663.99.1.12.

Junior School News

Last week saw us return to online learning for three days. Thank you to all parents and students for your support and patience whilst getting students into their online classes. It was very pleasing to see how well the students adjusted to remote learning during this time.

Parent/Teacher Interviews Prep to Year 4

Parent/teacher interviews will be taking place via the Video Communications App ZOOM, throughout the week beginning Monday 1 March. Parents will have received an email notification via EdSmart explaining how to make interview bookings.

Teddy Bears Picnic

Maddingley Preps are very excited to be having their Teddy Bears' Picnic Friday 5 March. Woodlea Prep students will have their picnic on Wednesday 10 March. Staff members are all looking forward to meeting their students' Teddy Bears so please don't forget them.

Maddingley Year 2 dismissal

Please be advised that from **Monday 1 March the end of school dismissal time for Year 2** students will return to **3.05pm**.

Students will be dismissed from the classroom and will walk themselves out to the car park. It is important that you discuss this change with your child and ensure that you organise a meeting place. The Year 2 allocated pick up zones are **RED Zone-Year 2A and 2B; GREEN Zone- Year 2C and 2D**.

Students in Year 2 who collect younger siblings can continue to do so but this will also occur at 3.05pm. This arrangement does not affect bus travellers.

Junior School Teams – Maddingley and Woodlea

Woodlea House Swimming Carnival

What a fantastic way to start a promising 2021; our first House event for quite some time! Woodlea's Year 3 to 6 competitive swimmers travelled to Melton Waves Leisure Centre to compete in our annual House Swimming Carnival. We were extremely lucky that the summer weather finally decided to make an appearance which meant a day by the pool was very enjoyable for all.

All swimmers competed extremely well and represented their Houses with great commitment and team spirit. We saw some fantastic individual efforts and results including a number of students in the 8/9 age group stepping up to fill spots in relays against much older students in the 12/13 age group. Not only did these students make up the numbers for these teams, they certainly held their own and were able to compete against their much older rivals.

Fantastic individual efforts by a number of students have earned them selection for the MPSSA Swim team. This event has been cancelled unfortunately but there is hope that it will be rescheduled. Massive congratulations to the following students who have come away with their age group championships. These students will receive their medals at our end of year assembly.

- 8/9 Girls Sapphire Patel
- 8/9 Boys Jahaan Gahir
- 10 Girls Mackenzie Sharp
- 10 Boys Aarav Pandya
- 11 Girls Lynette General
- 11 Boys Navraj Singh
- 12/13 Girls Tanya Ding
- 12/13 Boys Shriram Rangaraju



Another massive congratulations must go to Year 6 student Lynette General who came away from the Swimming Carnival with two new House records. Commiserations, however, to teacher Miss Osborn who, after 15 years, lost her 11yr old Butterfly record to Lynette.

All students who attended the Carnival did a fantastic job representing their Houses and earning points for the House Championship. It was an extremely close final result with the lead changing many times throughout the day. Congratulations to the **Bacchus Broncos** who, for the second year in a row, were crowned Swimming House Champions.

A huge thank you to all staff who attended on the day and filled multiple roles.

Mr Liam Gill - Head of PE (Woodlea) P-6

Parent/Teacher Interviews – Term 1

Due to ongoing COVID restrictions, the Term 1 Parent/Teacher interviews will be conducted via the Video Communications App ZOOM. Notifications and instructions regarding the interviews have been sent via the email notification system, Edsmart. All information is also listed on the myBMG Parent Portal.

Woodlea – Prep to Year 8

Week 5 (1 – 5 March 2021)

Week 6 (9 - 12 March 2021)

Week 7 (15 - 19 March 2021)

You will be contacted by your child's Tutor Group teacher and some specialist teachers. You may choose which teachers you would like an interview with.

Maddingley Middle and Senior School – Year 5 to 12

The Middle and Senior School Parent/Teacher Interviews for all students from Years 5 to 12 will be conducted in March on **Tuesday 9, Thursday 11, Wednesday 17 and Monday 22** this Term.

Interviews with your child's class teachers are to be booked online via the myBMG Parent Portal. Parents have already been provided with log in details. If you have misplaced your log in details you can either request notification online or by phoning the school office on 5366 4800.

Online bookings **will open on Tuesday 2 March at 4:00pm**. Online bookings will close 1 day prior to each interview day.

Maddingley Junior School - Prep to Year 4

Monday 1 March – Friday 5 March 2021

Interviews with your child's class teachers are to be booked online via the myBMG – Parent Portal available from the school website, www.bmg.vic.edu.au. Parents have already been provided with log in details. If you have misplaced your log in details you can either request notification online or by phoning the school office on 5366 4800.

Online bookings will open on Monday 22 February at 12.30pm. Online bookings will close on Friday 26 February at 6.00pm.

Tuesday 9 March – Thursday 11 March 2021

Your child's specialist teachers will arrange a class ZOOM meeting so that you will have an opportunity to meet the teachers working with your child during 2021. Specialist teachers will email a ZOOM link to parents to join these meetings.

Senior School Production

It is very exciting to announce the return of the Senior School Production in 2021! *The Sweetapples Versus the Zombie Apocalypse* is a dark comedy about the trials and tribulations of the Sweetapple family as they and their town face hordes of 'virals'. The play will be staged at the Platform Arts Theatre in Geelong on Wednesday 31 March at 4pm & 7.30pm and Thursday 1 April at 7.30pm. Ticket information will be released shortly. Some students began rehearsals at the beginning of 2020 and are really looking forward to finally staging the play. It has been wonderful to welcome new cast and crew members from the Year 9 cohort as well. Rehearsals (Monday and Thursday afternoons) and preparations will continue throughout the term until show time. Thanks to the school community for your ongoing support. Stay tuned for more details.

Ms Helena Stratakos - Head of Drama 7-12

Maddingley - Mathematics Review Series – ‘Linear Graphing’

There will be a 3-part review series on Linear Graphing occurring next month during After School Maths at Maddingley in L1 (3:15 – 4:15pm).

The dates are:

Part 1 – Thursday 4 March

Part 2 – Thursday 18 March

Part 3 – Thursday 25 March

The focus of this series is to review Linear Graphing at the Year 10 – 11 level. This series of workshops will assist students who have gaps in their knowledge/understanding of Linear Graphing as they head into Year 10 or 11 Mathematical Methods. The aim is to review and consolidate prior knowledge skills in this area to help build their confidence through Year 10 to 12 methods.

The series may also be of interest to younger students who would like to extend themselves.

All interested students are welcome – sign-ups are not required but please ensure that the late bus is signed up for on the day, prior to 1:30pm, if it is required.

Dr Debra Penny - Head of Faculty: Science and Mathematics

Melbourne Recital Centre - 2021 Bach Competition

Now in its 12th year, Melbourne Recital Centre’s Bach Competition is dedicated to showcasing young musicians who are passionate about J.S. Bach.

The competition repertoire needs to be any work of J.S. Bach not exceeding 10 minutes in total duration. Soloists and ensembles of up to five members who are 17 years of age and under (at 1 January 2021) are welcome to apply. Applications close on Wednesday 21 April 2021 at midnight. Finals will be held at Melbourne Recital Centre on Sunday 30 May 2021.

Cash prizes of up to \$4,000 are available to be won. For further entry information and competing guidelines, please visit – melbournerecital.com.au/bach-competition-2021/

Students currently preparing J.S. Bach works for either AMEB or VCE examinations are encouraged to consider seizing this wonderful opportunity.

Mr Steven Bell - Director of Music

Bus Information

Maddingley Late Bus

The late bus will operate from Maddingley Campus each Monday, Wednesday and Thursday afternoon. The late bus is available for students who are involved in after school activities or after school classes. The late bus is only available to students in Year 4 to Year 12. Students must sign up for the late bus in the Administration Office prior to 1.30pm on the day of travel. The cost of travel is \$15.00 per journey. A copy of the timetable is available on the [school website](#).

Woodlea Late Bus

The late bus will operate from Woodlea Campus each Monday and Thursday afternoon. The late bus is available for students who are involved in after school activities or after school classes. The late bus is only available to students in Year 4 – Year 8. Students must sign up for the late bus in the Administration Office prior to 1.30pm on the day of travel. The cost of travel is \$15.00 per journey. A copy of the timetable is available on the [school website](#).

Bus Information – continued.....

Green Permission Tags

2020 Green permission tags have been removed from students' school bags. If your child/ren require collection from the bus by someone other than their parent/guardian, a new updated 2021 form must be completed and returned to bus@bmg.vic.edu.au. Students in Year 5 and Year 6 can disembark from the buses on their own if a permission form has been completed and a green permission tag placed on their bag.

AM Departure Times

A reminder that students are to be waiting at their stops in the mornings at least 5 minutes prior to the bus arrival times as per the timetable. The bus will not wait for students waiting in cars for the bus.

Face Masks

A reminder that a fitted face mask must be worn by all students over the age of 12 (unless there is a medical exemption) whilst travelling on any bus.

Times/Route Monitoring

All buses are monitored in the first 3 weeks of Term 1 to gather reports of routes and timings in the am and pm. These reports are being reviewed. If any changes are required, parents will be notified via email.

Mrs Leanne Robertson - School Bus Services Administrator

School Administration Information

Multimedia Consent 2021

Thank you to all families who completed the annual Multimedia Consent process for 2021. Any families who did not complete the process, please note your child/ren will be added to a 'DO NOT CONSENT' list for all school photography/videography connected to class activities/assessments, newsletter, advertising, promotions and school production/music activities. The official school and class photos are an exception. If you have any questions, please call the Maddingley Office on 03 5366 4800.

Mrs Casey Ryder – Marketing and Social Media Coordinator

Events Calendar

Dates for upcoming events/excursions and day camps can be viewed via the events calendar on the [school website](#).

Book Club News

Read more information relating to the latest Book Club News, via the [school website](#).

BMG Community Contacts

Bacchus Marsh Grammar On Campus Uniform Shop

Phone Orders – 5367 4072

Both Maddingley and Woodlea parents are welcome to make phone orders and pay with a credit card. Orders will then be delivered at Maddingley through the pigeon hole system, to classes or Tutor Groups, and to the Woodlea Campus Reception on Wednesday afternoons.

Uniform information and shop business hours are listed on the [school website](#).

Out of School Hours Care (OSHC) – YMCA Ballarat

YMCA Ballarat operate the Out of School Hours Care at Bacchus Marsh Grammar.

Enrolments are completed online. For full information please visit the [school website](#).

Email: chrissie.ashmore@ymca.org.au **Phone:** 0490 178 638 **W:** www.ballarat.ymca.org.au

Maddingley:

bacchusmarsh.oshc@ymca.org.au

0438 154 842

Located: South Maddingley Road, Maddingley, Victoria 3340

Woodlea:

woodlea.oshc@ymca.org.au

0490 490 362

Located: 111 Frontier Avenue, Aintree, Victoria. 3336.

Regular Contacts

Student Absentees

Maddingley Campus

Absentee Line 5366 4888 or Absentee Email – maddingley_absentees@bmg.vic.edu.au

Woodlea Campus

Absentee Line 5366 4988 or Absentee Email – woodlea_absentees@bmg.vic.edu.au

Maddingley Campus

South Maddingley Road

Bacchus Marsh VIC 3340

P +61 3 5366 4800

F +61 3 5366 4850

Woodlea Campus

111 Frontier Avenue

Aintree VIC 3336

P +61 3 5366 4900

F +61 3 5366 4950

Woodlea Early Learning Centre

5-7 Quarry Road

Aintree VIC 3336

P +61 3 5366 4999

General School Email: school@bmg.vic.edu.au

School Website: www.bmg.vic.edu.au

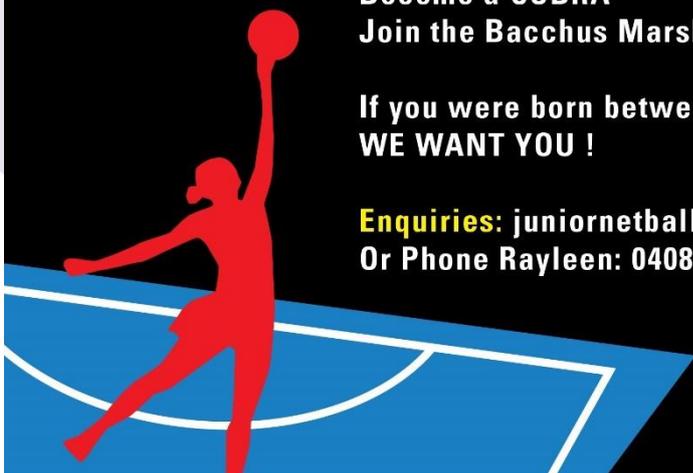
Community News

WANTED UNDER 11 NETBALLERS

Become a COBRA
Join the Bacchus Marsh Football & Netball Club

If you were born between 01/01/2010 and 31/12/2011
WE WANT YOU !

Enquiries: juniornetball@bmfnc.com.au
Or Phone Rayleen: 0408 767 922





Bacchus Marsh
Grammar

BMG Futsal

Training for U10, U12 & U15 School Teams



Bacchus Marsh Grammar and Woodlea Soccer Academy are thrilled to work together to build BMG School Teams for the Under 10, Under 12 and Under 15 school team (both boys and girls teams).

We are now inviting Expression of Interest for this program. Please contact Sarah Hunter (Assistant Principal, Deputy Head of Woodlea Campus) or Liam Gill (Specialist Teacher: Head of PE, Woodlea Campus)

The teams will be coached by Mineiro (Head Coach) ex-Brazil FIFA World Cup player and his team.

Mineiro is a former Brazil National Team player and featured in the 2006 FIFA World Cup Squad. He has played for some of the top clubs in Brazil (Sao Paulo FC), Germany (Hertha Berlin SC) and England (Chelsea FC). In 2018, Mineiro was inducted into the Sao Paulo FC Hall of Fame for scoring the winning goal against Liverpool in the 2005 FIFA Club World Cup Final.

Tel: 5366 4900

Bacchus Marsh Grammar
Maddingley Campus &
Woodlea Campus
**Outside School
Hours Care
Program**

BOOKINGS ESSENTIAL

Limited Spots Available

For Maddingley:

Email bacchusmarsh.oshc@ymca.org.au or
call 0438 154 842 for details.

For Woodlea :

Email woodlea.oshc@ymca.org.au or call
0490 490 362 for details.

The Y Ballarat

a: 25-39 Barkly St, Ballarat East VIC 3350
p: 4311 1500 **e:** ballarat@ymca.org.au

