

BMG NEWS

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VCE OES Studies Trip to Barmah National Park

On Wednesday 2 May, the VCE Outdoor and Environmental Studies class ventured out of school to the Barmah National Park to acquire more knowledge on societal relationships with the outdoor environment. On arrival, we visited the Barmah Forest Information Centre where we gained information about relationships with the environment over time including how logging has affected the native flora and fauna.

We headed to Broken Creek - which flows into the Murray River at Barmah National Park - and journeyed in our canoes, travelling upstream and learning how to raft up and manoeuvre the canoes.

On the second day, we went on a Kingfisher River Cruise, where we learnt about native species such as the River Red Gum and how they gain their nutrients from the river. After the cruise we visited two Aboriginal speakers. They shared with us their knowledge about tools, weapons and food sources used by the Yorta Yorta people in order to survive. Overall, it was a fun experience. By participating in the varied range of activities we were able to learn about relationships in the Barmah National Park, and how its resources were used to survive.

Amber Eden-Jones and Morgan King - Year 11



Reminder Year 7-12 School Photos

Tuesday 22 May and Wednesday 23 May Students will be required to wear full Winter uniform, which includes jumpers, blazers and ties.

ICCES Success – State Winners

On Wednesday 9 May the BMG Mustangs sent two Boys and two Girls teams to the Ultimate Frisbee High School State Championships in Parkville, Melbourne. The students competed against many teams featuring players who have competed at a national and international level outside of school. However, the Mustangs acquitted themselves very well, with the Girls A team reaching the final and the Boys A team reaching the semi-finals. The Girls lost to a very strong Caulfield Grammar team in the final and ended the day as silver medallists. The boys also lost to Caulfield Grammar in their semi-final but were able to beat another Caulfield Grammar team in the bronze medal game. Both the Boys B and Girls B teams also had a successful day, finishing 10th and 6th in the state respectively.

Melanie Freeman 12G was, for the third year in a row, selected in the all-star team along with Emilee Jagos 12G and Cooper Stevanov 12G for outstanding individual performance on the day. In addition to this, Cooper has also been selected to the Victorian under-18 team for the second year running to compete at the Youth National Championships in June. Congratulations to all three of these students on a fantastic effort.

Thank you to Mrs Garner for training and selecting both girls teams, Mrs Kiley and Mr Oldaker for coaching the girls teams on the day and to Mr Castrignano for organising and coaching the boys teams.

Further to our silver medal in the Girls and bronze medal in the Boys at the State Championships on Wednesday, we had three students selected in the all-star team for their outstanding play; **Melanie Freeman 12G, Emilee Jagos 12G and Cooper Stevanov 12G.**

Cooper has also been selected in the Victorian under-18 boys team for the second year running. They will be competing at the Youth National Championships in July.

Congratulations!



ICCES Athletics - 3rd Place for BMG Mustangs

Congratulations to all Athletes that competed in the ICCES Athletics Championships held at Lakeside Stadium, Albert Park on Thursday 10 May. BMG Mustangs fielded a team of athletes across all disciplines of Track and Field and all athletes performed well on the day.

Final overall placings saw the Mustangs finish in a best ever 3rd Place. This was certainly a result of all athletes giving their best rather than the team relying on the results of one or two highly skilled athletes. It is fantastic that the ICCES Association has such a high standard and even competition across its eight competing schools. A very strong and competitive Ballarat Grammar School were able to win the shield off Gippsland Grammar.

Placings were;

- 1st Ballarat Grammar School -
- 2nd Gippsland Grammar School -
- 3rd Bacchus Marsh Grammar -**
- 4th Goulburn Valley Grammar -
- 5th Braemar College -
- 6th Hamilton College -
- 7th Girton Grammar -
- 8th Highview College -

As well as a great team performance there were also some outstanding individual performances on the day.

Andrew Perks – Director of Sport

Bacchus Marsh Grammar Annual Creative Writing Competition Years 2-6

Topic: **Once I Found a Key**

Entries are now being accepted

- *End Date: 16 August (*No LATE entries will be ACCEPTED*)
- *Hard Copies **MUST** be submitted to Mrs West at the Library
- *No **EMAILED** Copies are allowed!
- *Entries can be handwritten or typed
- *Don't forget to include your **FULL NAME** and **CLASS!**
- *Judges are looking for Well Written and Detailed Stories!
- *If You Have any Questions Feel free to ask Mrs West, Grace Strang (6C), Ella Benson (6D) or Anika Kanneganti (6E)

We are Happy to Answer any Questions you like!

Let your Imagination run Wild and Good Luck.



SAYEMBARA (Indonesian Speaking Competition) 2018

The Year 9 and 10 Indonesian classes were fortunate to be able to participate in a Sayembara (Indonesian speaking Competition) on Tuesday 8 May. We were required to practise and memorise answers to a variety of personal questions that were asked by Indonesian Assessors. Some of the questions included 'How is your school?' and 'Explain about your family.' We spent a week prior to the competition practising our responses with Ms Wantania, so that she could provide feedback on how to improve our pronunciation and responses.

On the Tuesday we all caught a bus to Point Cook College where the competition was held. We were not the only school to part take in this event. Our responses were compared with other students from 3 other schools (Williamstown High School, Penleigh and Essendon Grammar School and Point Cook College).

One by one we were called into a room with an Indonesian Assessor to be asked the questions and provide our answers. This experience was nerve racking for all of us, however we are all grateful for this opportunity. This competition has given us all an insight into the expectations for the Year 12 spoken exam. It also allowed us to receive helpful feedback on our Indonesian speaking skills, which will help us improve in the future.

Fortunately, some students from Bacchus Marsh Grammar have been selected by the Assessors to participate in the finals at the Sidney Myer Asian Centre in Melbourne. We would like to thank Ms Wantania for organising this event and for her ongoing support in helping us achieve the goals that we have set in our Indonesian classes.

Vanessa Kohut - Year 10

VET Hospitality Visit The Langham Hotel

Year 11 VET Hospitality Excursion to The Langham Hotel included a tour of the venue where students had the opportunity to see the facilities of a 5 star establishment from both the Front and Back of House. The students then enjoyed a buffet lunch at the award winning 'Melba Restaurant' in the hotel where they were able to try a range of different foods from a range of cuisines.

Laura Edwards – Year Level Coordinator



Mindful Parenting

Mindfulness is the awareness that emerges through paying attention, on purpose, in the present moment, and nonjudgmentally to the unfolding of experience, moment by moment. Parents who adopt mindfulness for their parenting and regularly engage in mindful parenting practices will undergo a fundamental shift in their ability and willingness to truly be present with the constantly growing and changing nature of their child.

Things you can do:

- **Make time to listen.** Kids tend to talk when they're ready, not when it suits us, so make the most of those precious conversations.
- **Notice tone, facial expressions and body language.** Hearing the content of a conversation is often not enough. If we watch for tone, expressions and body language, we can more successfully detect our child's needs or intended meaning.
- **Resist the temptation to say 'I told you so'.** Allow kids to make mistakes and suffer consequences, recognising that mistakes are all a healthy part of life.
- **Provide clear standards and expectations for behaviour.** Ensure these are appropriate to both culture and the child's developmental level.
- **Practise identifying emotions.** If we are able to identify both our own and our child's emotions, we can make conscious choices about how to respond, rather than reacting automatically, based on perceptions or beliefs.
- **Avoid self-blame.** When parenting goals are not achieved, a mindful approach may lead to greater acceptance of our efforts rather than a focus on specific outcomes of parenting.
- **Pause before reacting.** Give yourself the chance to exercise greater self-regulation and an opportunity to choose which strategy you're going to employ.
- **Show compassion.** When we do, our kids feel a greater sense of positive affection and support.

Source: Duncan, et al., A Model of Mindful Parenting: Implications for Parent-Child Relationships and Prevention Research. Clin Child Fam Psychol Rev (2009) 12:255-270.

Veronica Johnston

School Photos 2018

2018 School Photos will be taken during Term 2 on the following dates:

Years 7-12

Tuesday 22 May and Wednesday 23 May

Prep Reception - Year 6

Tuesday 5 June and Wednesday 6 June

All students from Prep/Reception to Year 12 will have school photographs taken. Students will be required to wear full Winter uniform, which includes jumpers, blazers and ties for students in Years 5 to 12, and jumpers and ties for students in Prep Reception to Year 4.

School Leadership Photos

School Leadership Photos will be taken in Term 3 on Monday 30 July from 9.00am. Please note Year 6 and Year 12 Graduation Photos will be produced in a composite format. The size of the Year levels have grown and the traditional group photos were becoming an OH&S and logistical given the size of the scaffolding and stands required.

STUDENT ACTIVITIES

ICCES Winter Tour

The ICCES Winter Tour will once again take place in Shepparton this year on the final two days of term, June 21 and 22. Athletes are busily training for teams in; Basketball, Soccer, Hockey and Netball.

The Winter Tour involves two days of competition and teams will stay together over night in Shepparton. Notices for successful athletes will be distributed on team selection.

BMG Team for the ICCES X-Country

Congratulations to all athletes that have made the BMG Mustangs ICCES X-Country Team for 2017. The ICCES X-Country will be held on Wednesday 2 August at Bundoora Park, Melbourne. Events are scheduled to start at 11.40am and will conclude at 2.00pm. Students will travel from BMG departing at 10.00pm and return to school at approximately 4.00pm. All students will be given an attendance notice, training program and information about the event. Training will commence in week 7 at school on Tuesday nights and Thursday lunchtimes.

Andrew Perks – Director of Sport

Victorian Premiers' Reading Challenge

Congratulations to the following students who have recently completed the Challenge:

- Angel Malhotra 5E

Feona West – Coordinator: Library P-6

Junior School House Music:

This year **Junior House Music** is taking place on **Monday 4 June** in Wilson Hall. All students who learn an instrument or sing are encouraged to get up and perform to score points for their house. Entry forms are available at Administration Office or alternatively, you can contact the Music Department. Parents and family are most welcome to attend on the day and the performances will run in the following order:

Years 3 & 4 - 9:00am – 10:50am

Years 5 & 6 - 11:15am – 12:45pm

Years 1 & 2 - 1:35pm – 2:30pm

If you require any further information regarding Junior House Music please send me an email at westgartht@bmg.vic.edu.au looking forward to seeing you there.

Troy Westgarth

Middle School Musical - Peter Pan - Term 2 Rehearsal Schedule (Weeks 6 -7)

Rehearsals - Week 6 – Wednesday 23 May

***ALL STUDENTS REQUIRED**

Rehearsals - Week 7 - Wednesday 30 May

***PHOTO WEEK – ALL STUDENTS REQUIRED**

REGULAR CONTACTS & INFORMATION

Absentee Line - 5366 4888 *or*

Absentee Email student_absentees@bmg.vic.edu.au

Health Centre direct number - 5366 4873

The Learning Hub - 0408 548 058

The Sport Hub - 0428 315 081

Email – hubprograms@bmg.vic.edu.au

Senior School After School Classes

Tuesdays – *English (NBlock) and Science (Room01)*

Thursdays – *Mathematics (MBlock)*

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Bacchus Marsh
Grammar

Visit the [BMG Events Calendar](#) for the latest upcoming events.

Semester 1 2018 – Year 11 (Unit 1) Exam Timetable

All Units 1&2 Examinations will occur in the W Block

L3 and D2 will be supervised study rooms throughout the examination period.

	Friday 1st June	Monday 4th June	Tuesday 5th June	Wednesday 6 th June	Thursday 7 th June	Friday 8 th June
PERIOD 1	English	Psychology Physics	Specialist Maths Exam 2 Biology	General Maths Exam 1	Specialist Maths Exam 1 (1 period only) Physical Education	French (P10) FERH Visual Communications Design
PERIOD 3 and 4	Accounting Japanese (P10) AMUR	Food Studies VCE/VET Music Performance (Mus. 1) DTHO	Textiles Legal Studies	Computing History	Chemistry Environmental Science	Hospitality Literature
PERIOD 5 and 6	Math Methods Exam 1 (1 period only) Outdoor & Environmental Studies Unit 1 – W Block Systems Engineering Unit 1 – W Block	Health & Human Development Australian & Global Politics	Business Management Art	Math Methods Exam 2 Dance	English Language Studio Arts	General Maths Exam 2

*Subject to change

Semester 1 2018 – Year 8-10 Exam Timetable

All Examinations for Year 8, 9 & 10 (except for accelerated students) will occur in the GYM, unless otherwise stated.

All Examinations are 5 minutes Reading Time and 80 minutes Writing Time – to fit a double period.

Students will be in supervised study sessions, in their Tutor Group rooms (except Q block), when not sitting scheduled exams (P2-5, M4, P7, M5, D1, N1-7).

	Friday 1 st June	Monday 4 th June	Tuesday 5 th June	Wednesday 6 th June	Thursday 7 th June	Friday 8 th June
PERIODS 1 and 2	<i>9/10 classes will run as normal for the duration this day.</i>	9 English 10 Maths Methods II (2 x 45 minute Exams) 10 General Maths II (2 x 45 minute Exams)	10 Indonesian (P10) SWAN 9 PE/Sport/Health 9/10 Photography II 9/10 Wood Technology I (09) PHEX	9/10 Advanced Fitness 9/10 Forensic Science 9/10 Global Health & Development 9/10 Literature 9/10 Textiles I	9/10 Dance 9 Elite Sport 9 Japanese I (P10) MLOV 10 PE/Sport/Health 9/10 Wood Technology II (09) PHEX	9/10 3D Art Sculpture I 9/10 Accounting & Economics 9 French I (X6-7) MBUC 9 Indonesian I (P8) SWAN 9/10 Philosophy 9/10 Understanding Food
PERIODS 3 and 4		9/10 2D Art I 9/10 Biotechnology 9/10 Flight Technology I (09) PHEX 9/10 Media Studies I 9/10 The Business World 8 LOTE (rooming subject to change) LOTE Teachers Japanese O22-23 Indonesian X6-7 French P11-P13 Non-LOTE students P14	9/10 2D Art II 9/10 3D Print Technologies (09) RBRV 9/10 Biology- Pre VCE 9/10 Health & Disease 9/10 Marine Science 8 English	9/10 Australia & The World Wars 9/10 Injury & Prevention Control 9/10 Photography I 9/10 Physical Science 9/10 Popular Culture in the 20 th Century 8 History & Geography	9/10 Australian History 10 Elite Sports Training III 10 Japanese III (P10) AMUR 10 Music Performance III (Mus. 1) 8 Science	9/10 Drama I 9/10 Exercise Physiology 10 French (X6-7) FERH 9/10 Global Issues 9/10 Hospitality- Café 9 Music Performance I (Mus. 1) TWES 8 Maths
PERIODS 5 and 6	Outdoor & Environmental Studies Unit 1 – W Block Systems Engineering Unit 1 – W Block	10 English 10 English Extension 9 Mathematics	9/10 Chemical Analysis 9/10 Everyday Science 9/10 Extension Maths I 9/10 Food for the Future 9/10 International Relations & Criminology	9/10 Computing- Digital Technologies (P3) POBR 9/10 Environmental Systems 9/10 Flight Technology II (09) PHEX 9/10 Psychology I 9/10 Psychology - Pre VCE 9/10 Textiles III- Pre VCE	9/10 Australian Politics & Legal Studies 9/10 Computing- Web Technologies (P3) RJOV 9/10 English Language Pre-VCE 9/10 Hospitality- Functions 9/10 Personal Finance	9/10 Chemistry- Pre VCE 9/10 Physics - Pre VCE 9/10 The Last Centuries of the Middle Ages 9/10 Visual Communication Design I

*Subject to change

RBAV Youth Section.

Come learn about and show your rabbit!

Shows held regularly in Airport West and Ballarat!

Coordinated for participation, fun and learning in 3 different age groups; 16 years old & under, 12 years old & under, and 6 years and under.

Once 17, you are part of the Main Show and compete for the prized Best in Show!

Classes available;

All Breeds Pedigree Class (for under 16 & 12 groups)

- All rabbits entered in this group winning prizes to 3rd prize.
- Judged according to the Main Show standards.

Exhibitors gain Carrot Points (CP) which accumulate for annual awards (Bronze, Silver & Gold)

- 5 Star Main Show = 5 Carrot Points (CP); these are awarded to the exhibitor

Awards; Best Under 16 and Best Under 12

- These 2 age groups compete for best youth exhibitor of the show.

Under 6 Pet Class;

Class is same as pet child handler in the main show.

Novelty classes can be entered into on the day (these are announced prior to show day)

- Novelty classes are open to all members! (& every child wins a prize!)

Best Pet Classes for all age groups!

- 1st to 3rd prize for under 12 & under 16 groups.
- Prizes for each child for under 6 groups.

Enter the show!;

Entries are \$3.00 per class (per rabbit) // Discount for multiple entries: (pedigree & pet) \$5

All rabbits must be owned by the youth exhibitor! Teaching and activity classes will be run during the day.

If you have any questions, please contact us!

CONNECT WITH RBAV!

web: rbavinc.com.au

email: email@rbavinc.com.au

facebook: @RBAVInc



**RABBIT BREEDERS
ASSOCIATION OF
VICTORIA**

PROMOTING THE FANCY IN *Victoria*